



Maplewood Family Aquatic Center Rules

General Rules

- Obey the Lifeguard at all times.
- Running and horseplay are prohibited.
- Only paying patrons permitted inside of center.
- No smoking.
- Do not dive in water under 5 feet in depth.
- Lined swimsuits only. No cut-offs, athletic shorts, biking tights, leotards or thongs.
- Use swim diapers for non-toilet trained patrons and change at designated stations.
- Children, 9 and under must be directly supervised by those 16 years or older wearing a swimsuit.
- Use of noodles, water wings and small rings only when accompanied by an adult in water.
- Do not use tennis balls, water guns, or Frisbees.
- Raft use is limited to competition pool as determined for safety by management.
- Shower with soap and rinse thoroughly before entering pool.
- Swimmers with casts, open wounds, rashes, or infectious/communicable diseases may not enter the water.
- Individuals under the influence of alcohol or other intoxicating substances will be asked to leave.
- Food, drink, gum, and glass, are prohibited on pool deck.
- PARC is not responsible for lost, stolen, or damaged personal items.
- Stay off lazy river island, peninsulas, railings and lane ropes.
- Do not sit or block the Zero-Depth Entry fountains.

Note: Various attractions may be closed during low attendance or inclement weather.

Lap Swimming Etiquette

- Lap-swimming lanes will be designated by staff.
- Be courteous of other swimmers.
- A circle pattern will be used for swimming laps. Always stay on right side of lane, swimming in a counter clockwise direction.
- If you stop between lengths, sit on poolside or move to the corner in order to avoid congestion.
- Maintain a reasonable distance between swimmers.
- When passing, notify swimmer in front of you with tap on foot and pass in the lane middle. Watch for oncoming swimmers.
- If you are continually passing or being passed, move into next appropriate lane. Check with lifeguards for lane speeds.





Slide Rules

- **CAUTION:** If you are pregnant, have a fear of heights, have heart or back problems or other medical conditions do not use.
- You must be a minimum of 48”.
- Maximum operational load: 1 person, 300lbs.
- Only one person at a time. No partners or trains.
- Single file lines starts at the bottom of the stairs.
- Do not stop, stand, kneel, or rotate on the slide. Keep hands and feet inside at all times.
- Go down feet first, lying on back with arms crossed across their chest and legs crossed at the ankles.
- Do not catch sliders as they exit the flume.
- Wait for lifeguard’s signal to slide.
- Goggles, fins, glasses, metal watches, or swimsuits with metal zippers, buckles, rivets, buttons or metal ornamentation may not be used on the slide.
- Lifejackets, water wings, mats, or other floatation devices are prohibited.
- No diving from the slide.
- Exit catch-pool quickly.
- No swimming into slide area under safety rope.
- Warning: water depth is 3 feet 6 inches.

Diving Board Rules

- This area is restricted to diving only when boards are in use.
- One person on a diving board at a time. Divers must wait on deck until previous diver exits the diving area.
- Exit the water immediately using the closest ladder.
- Dive or jump forward from the board.
- Only one bounce is allowed per dive.
- Adjustment to the diving board fulcrum is prohibited unless participating in a supervised diving program.
- Safe diving practices are required. Cartwheels, handstands, and seat drops are prohibited.
- Hanging from the board is prohibited.
- Do not enter diving well from edge of pool.
- Do not swim into diving well from under the safety rope.
- Do not sit around the diving well edge.
- Do not wear goggles, fins, or other floatation devices while diving.
- Only those patrons who can swim unassisted may use boards. No catching children.
- Staff reserves the right to stop any person from performing any dive that appears dangerous.
- Staff reserves the right to ask patrons to discontinue use

